

Supplementary Information

This is an appendix to the Einstein Postdoc Handbook and Resource Guide, and contains details of places, restaurants and amusements outside of the Bronx. This information may be out of date - check the internet before you go!

General advice

Before venturing anywhere in the city you need to check out whether or not there is a dress code or if there is cover. Chances are wearing jeans is a major no-no. Call ahead or just break out the khakis or black pants to be safe. Each place has its own culture with different crowds and styles of music, so be sure to ask around. Also, New York City lives by constant change. Thus, some of the mentioned locations might be out of business by the time you read this or there might be great new ones, your feedback is very much appreciated!

Manhattan

Timeout (<http://www.timeout.com/newyork>) and New York Magazine (<http://nymag.com>) are excellent resources for events and restaurants in Manhattan and Brooklyn (consider getting a subscription!).

Culinary and cultural highlights can be looked up at:

- www.menupages.com
- www.sidewalk.com
- www.zagat.com
- www.citysearch.com
- www.yelp.com
- www.chowhound.com

Here's some of the World's favorites...

Lounges and Clubs

Here are some websites worth checking for what is going on:

- <http://www.villagevoice.com>
- <http://upcoming.org>
- <http://www.papermag.com>
- <http://www.brooklynvegan.com>

Bar 13	35 E 13th St, 2nd Fl 212-979-6677
Eugene	27 W 24th (b/w 5th and 6th Ave) 212-462-0999
Lansky's	104 Norfolk Street at Delancey 212-677-9489

Life 158 Bleecker St. (at Thompson St.) 212-420-1999
NV 304 Hudson St. 212-929-6868
Ozone 1720 Second Ave. (b/w 89th and 90th St.) 212-860-8950
Riffi 332 E. 11th St. (b/w 1st and 2nd Ave)
Saci 135 W. 41st St. (b/w 6th Ave and Broadway) 212-278-0988

Cool Music Venues

Some more known, but of medium price are:

Webster Hall <http://websterhall.com/> 125 East 11th St. (b/w 3rd and 4th Ave.) 212-353-1600
The Fillmore <http://www.irvingplaza.com/> 17 Irving Place on the corner of East 15th Street.
Roseland Ballroom <http://www.roselandballroom.com/> 239W 52nd Street (Broadway and 8th Ave)
Bowery Ballroom <http://www.boweryballroom.com/> 6 Delancey Street (Bowery and Delancey)
B.B. King Blues Club www.bbkingblues.com/ 237 W 42nd St (Times Square)

A few cool venues for music, especially those with the shallow pockets and the open-minded ears are:

Piano's <http://pianosnyc.com/> 158 Ludlow (LES) – often crowded, popular bar with a cool music space in the back room. Hipsters, young professionals, students. Everybody fits in here.
The Bitter End <http://www.bitterend.com/> on Bleeker and Thompson – lots of rockers got their start here like Avril. Cool venue, lots of space to sit-down and chill with a group.
Knitting Factory <http://knittingfactory.com/> 74 Leonard Street – good bands and terrible bands play here. There are several rooms and stages.
Fat Cat <http://www.fatcatmusic.org/> on Christopher and 7th Ave – Small's, a favorite jazz club of NYU and Columbia students, shut down but the owner opened Fat Cat. The joint is cool and very homey. Great jazz and a pool table in the room next door.
Detour <http://www.jazzatdetour.com/> on 13th St and 1st Ave – best free jazz. Lots of great small-time jazz and big-time jazz people come to this joint. It's a favorite late-night hangout for musicians who have finished gigging themselves and want to go for a beer and good music.
Mercury Lounge www.mercuryloungenyc.com 217 E. Houston St. (corner Ave A & Houston) is the small brother of Bowery Ballroom (this is the box office of Bowery). See next years indie stars humble Manhattan debut here.
Luna Lounge <http://www.lunalounge.com/> survivor of the mostly defunct Lower East Side club scene, now in Williamsburg (361 Metropolitan Avenue Brooklyn)
Sullivan Hall <http://www.sullivanhallnyc.com/> 214 Sullivan Street (Sullivan St. and Bleeker St.) just opened, former Lion's Den, looks promising.
The Village Underground <http://thevillageunderground.com/> - great live bands, relaxed atmosphere
Cafe Wha <http://cafewha.com/> - similar to the village underground

Good Eats: For the best results, consult Zagat or **www.menupages.com** (where you can view the entire menu as well as reviews)

ITALIAN

Sambuca Trattoria*** 20 West 72nd St. (b/w Columbus Ave. and CPW) 212-787-5656
Tony's Di Napoli** 1606 2nd Ave. (b/w 83rd and 84th St.) 212-861-8686 (reservations req.)

INDIAN

Baluchi's** 1565 2nd Ave (b/w 81st and 82nd) 212-288-4810
Calcutta* 324 E. 6th St (b/w 1st and 2nd) 212-982-8127
Patang*** 148 East 48th Street (b/w Lex and 3rd) 212-539-5425
Pongal* 110 Lexington Avenue (b/w 27th and 28th) 212-696-9458
Tamarind*** 41 East 22nd (b/w Broadway and Park) 212-674-7400

JAPANESE

Edo's* 9 E. 17th St. New York NY 212-989-2938
Haru** 1329 3rd Ave. (at 76th St.) 212-452-2230
Sushisay*** 38 E 51st St (b/w Madison and Park) 212-755-1780
Tomoe** 172 Thompson St. <http://tomoeshi.com/>

MEXICAN

La Mañana** 1136 First Ave. New York NY 212)371-8023
Mary Ann's* 1503 2nd Ave. (b/w 78th and 79th St.) 212-249-6165
Taqueria y Fonda la Mexicana 968 Amsterdam Ave (b/w 107th and 108th)

MIDDLE EASTERN

Al Bustan*** 827 3rd Ave (b/w 50th and 51st) 212-759-5933
Cafe Rakka* 81 St. Marks Pl (b/w 1st and 2nd) 212-982-9166
Mamoun's* (open till 4 AM) 119 MacDougal (b/w Bleecker and 3rd) 212-674-8685
Uskudar** 1405 2nd Ave. (b/w 73rd and 74th St.) 212-988-2641
Beoglu** 1431 3rd Ave (between 81st St & 80th St)

STEAK HOUSES

Peter Luger's*** (The Best, in Brooklyn) 178 B'way (at Driggs Ave, Williamsburg)
718-387-7400
Strip House*** 13 East 12th St (b/w 5th and University) 212-328-0000
Buenos Aires** 513 E 6th Street <http://www.buenosairesnyc.com/>

THAI

Jaiya Thai** 396 3rd Ave (b/w 28th and 29th) 212-889-1330
Sala Thai** 1718 2nd Ave (212) 410-5557

OTHER

Meskerem** (Ethiopian) 468 W 47th Street (b/w 9th and 10th Ave)
212-664-0520
Kum Gang San** (Korean) 49 W 32nd St (at Broadway) 212-967-0909
Penang (Malaysian) 1596 2nd Ave (at 83rd St) 212-585-3838

* Cheap

** Moderate

*** Expensive

Just Desserts

Café Lalo 201 West 83rd St. (b/w Broadway and Amsterdam Ave.) 212-496-6031
DTUT 1626 Second Ave. (b/w 84th and 85th St.) 212-327-1327
Drip 489 Amsterdam Ave. (b/w 83rd and 84th St.) 212-875-1032
Serendipity 225 East 60th St. (b/w 2nd and 3rd Ave.) 212-838-3531 (NOTE: >1 hour waits)
Xando 2160 Broadway (at 76th St.) 212-595-5616
Café Mozart 54 W 70th St (b/w Broadway and Columbus) 212-595-9797
Dessert Truck Works: 6 Clinton Street, (212) 228-0701
Max Brenner: <http://www.maxbrenner.com/>

Movie Theaters

Movie theaters are more common than taxis in Manhattan!
Only kidding..

Loews Theater Lincoln Square 1998 Broadway (b/w 66th and 67th St) 212-336-5000
Loews Theater Orpheum 1538 3rd Ave (b/w 86th and 87th St)
Loew Theater Kips Bay 550 2nd Ave (b/w 30th and 31st St.)
AMC Theater Empire 25 234 West 42nd St (b/w 7th and 8th Ave)
Film Forum 209 West Houston Street (b/w 6th Ave and Varick) 212-727-8110
Angelika Film Center 18 West Houston (at Mercer St.) 212-995-2000
Landmarks Sunshine Cinema 143 East Houston St. 212-330-8182
Lincoln Plaza Cinemas 1886 Broadway 212-757-2280

Museums

American Museum of Natural History Central Park West (at 79th) 212-769-5100
The Cooper-Hewitt Museum 2 East 91st St. (at 5th Ave.) 212-860-6868
El Museo del Barrio 1230 5th Ave. (at 104th St.) 212-831-7272
Frick Collection 1 East 70th St. (at 5th Ave.) 212-288-0700
Guggenheim SoHo 575 Broadway (at Prince St.) 212-423-3500
Jewish Museum 1109 5th Ave. (at 92nd St.) 212-423-3200
Lower East Side Tenement Musm. 97 Orchard St. (b/w Broome and Delancey St.) 212-431-9233
The Metropolitan Museum of Art 5th Ave. (b/w 79th and 84th St.)
The Museum for African Art 593 Broadway (b/w Houston and Prince St.) 212-966-1313
Museum of Modern Art 11 West 53rd St. (b/w 5th and 6th Ave.) 212-708-9400
Museum of Television and Radio 25 West 52nd St. (b/w 5th and 6th Ave.) 212-621-6800
Solomon R. Guggenheim Museum 1071 5th Ave. (b/w 88th and 89th St.) 212-360-3500
The Whitney Museum of American Art 945 Madison Ave. (at 75th St.) 212-570-3676

Shopping

Bloomingdale's 1000 3rd Ave. (b/w 59th and 60th St.) 212-705-2000
Century 21 22 Cortland St. (betw. Church/Broadway) 212-227-909
Macy's 34th St. (at Broadway) 212-695-4400
Manhattan Mall 33rd St. and 6th Ave.

Spring & Prince Streets have trendy boutiques as well as major chain stores; take the 6 train and exit on Spring St. As you will soon find out, there is a Gap, Banana Republic, and Starbucks on almost every street corner.

The Bronx is usually cheaper for shopping, you find bigger stores around Fordham Plaza and Grand Concourse (B,D,4 Fordham Road). If you are in Manhattan keep off touristic places like 5th Avenue or Tribeca, e.g. look around 86th Street & Lexington, 3rd Ave (4,5,6 86th Street) or 14th Street (4,5,6,L,N,Q,R,W Union Square).

Tickets

TKTS - West 47th St. and Broadway

TKTS - Mezzanine of 2 World Trade Center 212-221-0013

You can get same-day tickets to Broadway shows at 25-50 percent discounts at the TKTS booths for some of the Broadway and off-Broadway shows. Sometimes you can call the theaters themselves and ask if there are student rush tickets for that day. You may have to miss class/work to go into the city and stand in line for these discounted tickets! Many operas and ballets at the Lincoln Center also offer discounted standing room tickets.

During the summer there are also a lot of free concerts in Central Park (the Philharmonic in the Park, Opera in the Park, and Shakespeare in the Park) information can be found on cityparksfoundation.org/summerstage.

Outdoors

Great places to relax outside in the city include Central Park, Riverside Park, Battery Park, Washington Square Park, and The Cloisters.

Queens

Queens is included in the five boroughs of New York City and is technically located on Long Island (although no true Queens inhabitant would ever admit that). Queens is the home of both New York area airports (LaGuardia and JFK) and the New York Mets Shea Stadium. Also nearby Shea Stadium in Flushing Meadows-Corona Park is the USTA National Tennis Center, home of the U.S. Open. You can also find one of the ten best hands-on science museums in the country, the New York Hall of Science, in Flushing Meadows-Corona Park. (The QbX1 runs directly from Co-op City to Flushing. Or if you have a car, take the Whitestone Bridge and follow the Van Wyck Expressway to Exit 13, which is Northern Blvd/25A). If you are interested in equine sports, you can also check out the horse races at Belmont Aqueduct Racetrack.

Moving on to food in Queens.... There are great restaurants in Chinatown (also found in Flushing) and Little India in Jackson Heights. Some of our favorites are Delhi Palace at

74th St. & 37th Ave and Jackson Diner (yes, it's Indian food) on 74th b/w Roosevelt and 37th. Finally, no trip to Queens would be complete without a stop at the Lemon Ice King in Corona (5202 108th St) for their famous shaved ice.

Sporting Events

The New York area has a team and a stadium for every sport. Tickets for all can be obtained, though not always through the most legal channels. We hear that scalping tickets at baseball and football games is relatively safe, but avoid any scalpers at Madison Square Garden. At MSG, the counterfeiters know what they're doing.

Yankee Stadium: Take the 5 train towards Manhattan, but get off at 149 St/Grand Concourse and switch to the 4 train northbound one stop to 161 St/Yankee Stadium.

Shea Stadium/Arthur Ashe Tennis Stadium: Drive across the Whitestone Bridge to Van Wyck south to Northern Blvd. Follow the signs to the stadium. By subway, take the 5 or 6 train to 42 St/Grand Central and switch to the 7 train to Willets Point/Shea Stadium.

MetLife Stadium/The New Meadowlands: It's in Jersey... go figure. See "Driving & Transportation" chapter. Follow the route to the West Side of Manhattan, except do get on the George Washington Bridge instead of exiting for the West Side Highway. After the GWB, follow the New Jersey Turnpike until the MetLife Stadium exit.

Madison Square Garden: Take the 5 or 6 to 42 St/Grand Central, then the S shuttle to Times Square, then the 1, 2, 3, or 9 one stop to 34 St/Penn Station. It's right above Penn Station.

Nassau Coliseum: It's on the island, and you wouldn't want to watch the Islanders play anyway...

Outside of New York: New Jersey

New Jersey is yet another great alternative to New York City and the Bronx. You will need a car to get there and to get around. Even though the Cross Bronx Expwy always has traffic, it's the easiest way to get to the George Washington Bridge. (Take the Cross Bronx Expwy to GWB).

A great website to visit is www.nj.com. It had detailed directions, as well as information about the Jersey Shore and Newark Airport.

Shopping

New Jersey is home to a couple of great malls. New Jersey, in general, is known for huge malls. If you have a lot of shopping to do, this is the place to go. You can get everything you need, and the parking is free and there is no tax. Here are some suggestions:

Garden State Plaza: Huge. Take Cross Bronx Expwy to GWB. Follow signs for Rt 4 West. You will see signs for the Garden State Plaza when you see signs for Rt 17. (The mall pretty much has its own exit ramp from the highway).

Riverside Mall: Upscale, so be prepared for obnoxious salespeople. They are opening a Cheesecake Factory soon. Take Cross Bronx Expwy to GWB. Follow signs for Rt 4 West, and the mall will be on the right.

Paramus Park Mall: Cross Bronx Expwy to GWB. Follow signs for Rt 4 West. Take Rt 4 West to Rt 17 North. Signs for mall/Sears Drive will appear on the right, but look carefully.

Jersey Gardens Outlet Mall: Cross Bronx to GWB. NJ Turnpike to exit 13A. Follow Signs. The Mall is next to IKEA.

Other Attractions

Six Flags Great Adventure is always fun, especially if you can get a group of people to go. You can usually find a buy-one-ticket-get-second-one-free on Coke cans in the spring. Take I 95 South/NJ Turnpike off of the GWB to Exit 7A. Proceed on I-195 east to exit 16A, then one mile west on Rte. 537 to Six Flags Great Adventure. Right next to Great Adventure is Six Flags Hurricane Harbor which is a huge water park that just opened in the spring of 2000.

Atlantic City is lots of fun. Definitely make reservations ahead of time if you plan to stay the night. Take I 95 South/NJ Turnpike off of the GWB to Garden State Parkway exit. Take this parkway to the Atlantic City Expwy (lots of tolls).

Other Places

Washington, DC. Very simple directions: 95 South (New Jersey Turnpike).

Philadelphia, PA. Again, no brainer: 95 South.

Boston, MA. A little more complicated, but still not difficult. Take 95 North (New England thruway) to 91 North. Follow 91N to 84 East, then onto 90 West directly into Boston.